



Consell  d'Eivissa



Multisport
World Championships

IBIZA
2023



Cross Triathlon World Championships / San Antonio / 5th May 2023
ELITE, U23 and AGE GROUPS

CROSS TRIATHLON

General View: 1k swim / 20,9k bike / 6k run



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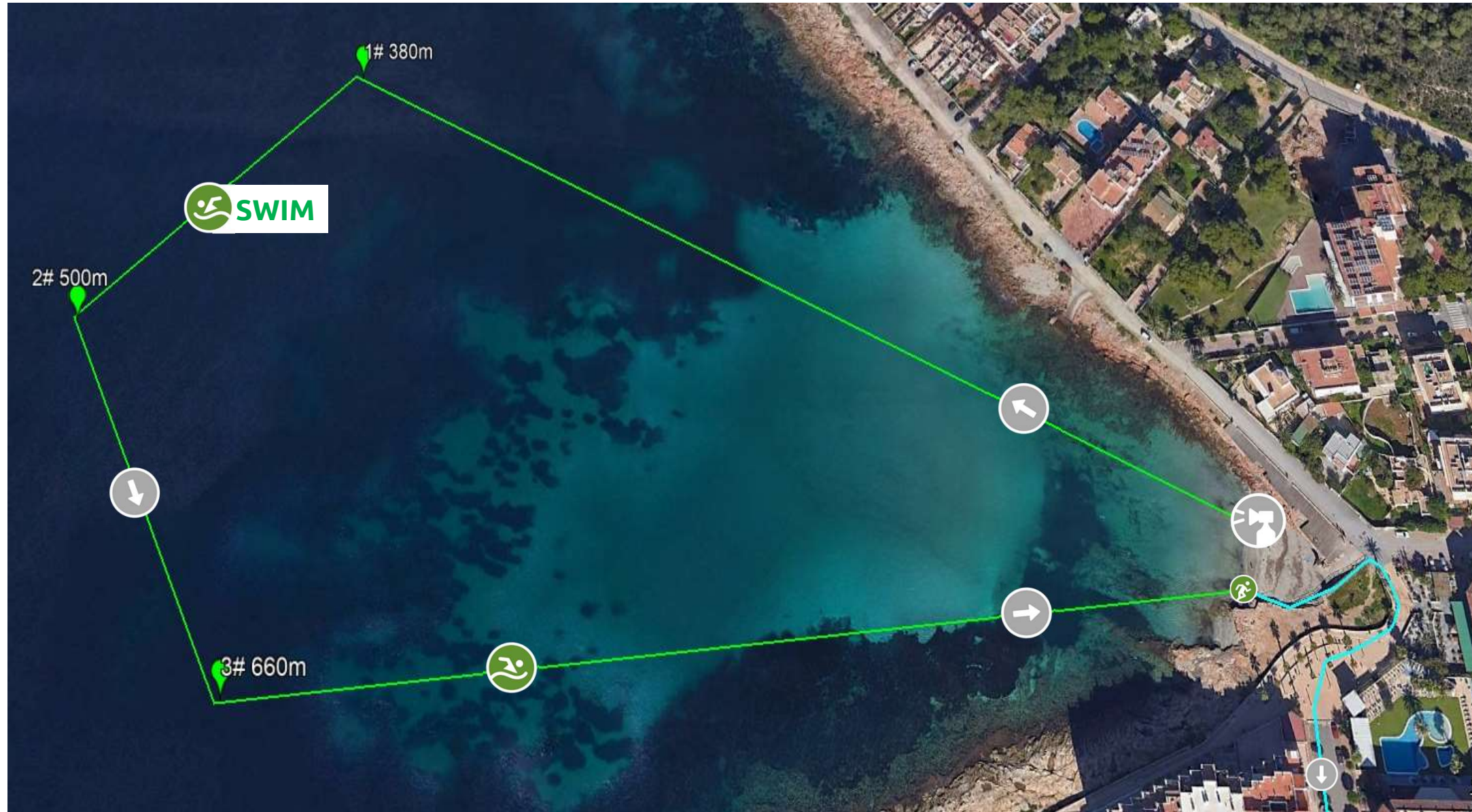


SWIM

1 lap x 1k



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Swim to Bike



BIKE

bike out (410m) / bike lap / bike in (410m)



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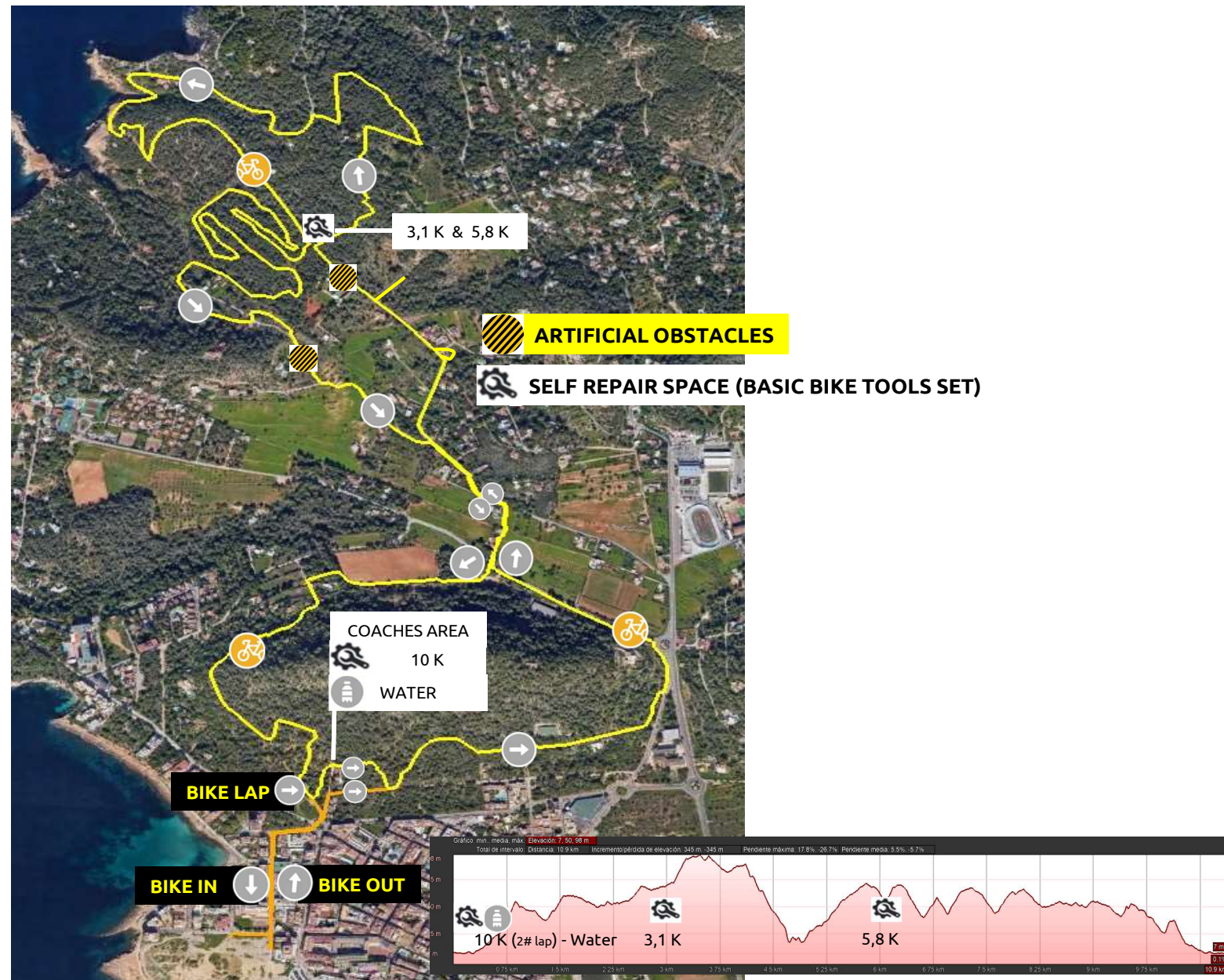


BIKE

2 laps x 10k (+345 mts / -345 mts per lap)



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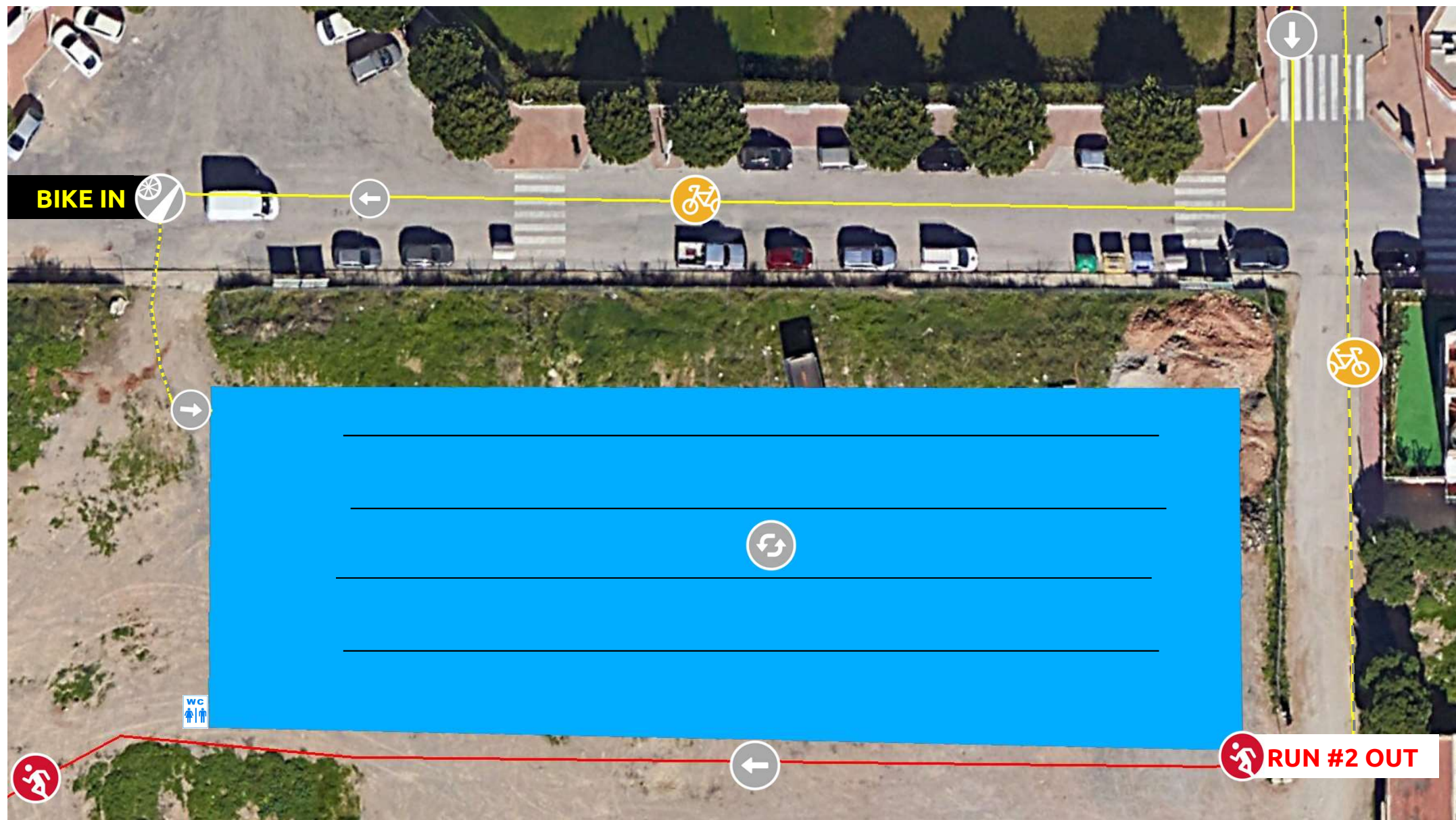


TRANSITION

Bike to Run



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RUN #2

1 lap x 6k (+43 mts / -49 mts)



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RUN

To Finish Line



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