

DUATHLON ELITE / U23

General View: 5k run / 20k bike / 2,5k run







RUN #1

1 lap x 5k (+88 mts / -88 mts)









TRANSITION

Run #1 to Bike









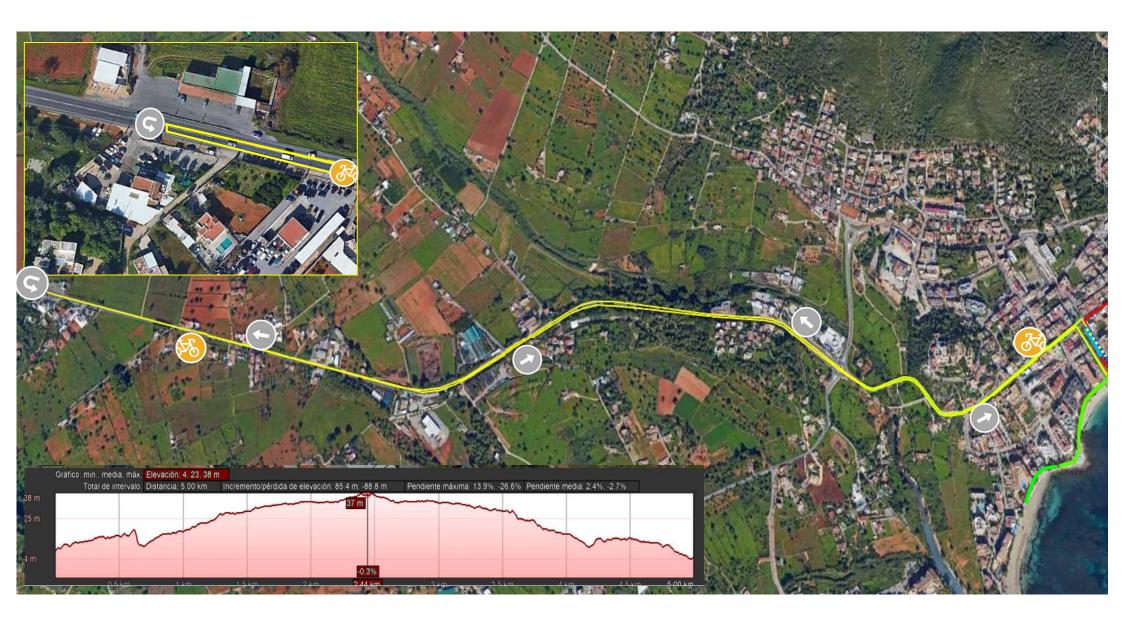
BIKE

3 laps x 6,6K = 20k (+92 / -92 mts per lap)









TRANSITION

Bike to Run #2







RUN #2

World Championships

World Triathlon

Multisport
World Championships

IBIZA
2023



1 lap x 2,5k (+35 mts / -33 mts)



RUN #2

To Finish Line





