



Consell  d'Eivissa



Multisport  
World Championships

IBIZA  
2023



Duathlon World Championships / Santa Eulalia / 29th. April 2023  
**PARATRIATHLON**



# DUATHLON PARA

*General View: 5k run / 18,6k bike / 2,5k run*





# RUN #1

5k 2 laps x 2,5k (+88 mts / -88 mts)



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# TRANSITION

*Run #1 to Bike*



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# BIKE

2 laps x 19,8K (+575mts / - 575mts)



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# BIKE

*City out-in lap x 1,8k*



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# TRANSITION

## *Bike to Run #2*



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# RUN #2

1 lap x 2,5k (+35 mts / -33 mts)



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# RUN #2

*To Finish Line*



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