

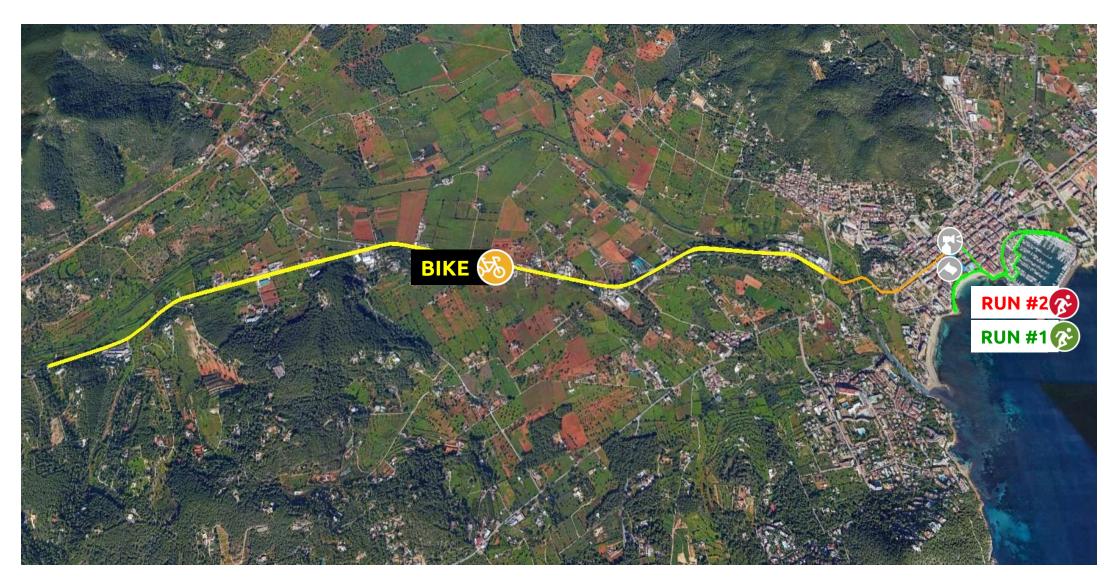
Duathlon World Championships / Santa Eulalia / 29th. April 2023 **PARATRIATHLON** 

## DUATHLON PARA





General View: 5k run / 18,6k bike / 2,5k run



## **RUN #1**

5k 2 laps x 2,5k (+88 mts/-88 mts)









# **TRANSITION**

Run #1 to Bike







### **BIKE**

2 laps x 19,8K (+575mts / - 575mts)







## BIKE

City out-in lap x 1,8k









## **TRANSITION**

Bike to Run #2







## **RUN #2**







1 lap x 2,5k (+35 mts / -33 mts)



# **RUN #2**

To Finish Line







