



Consell  d'Eivissa



Multisport
World Championships

IBIZA
2023



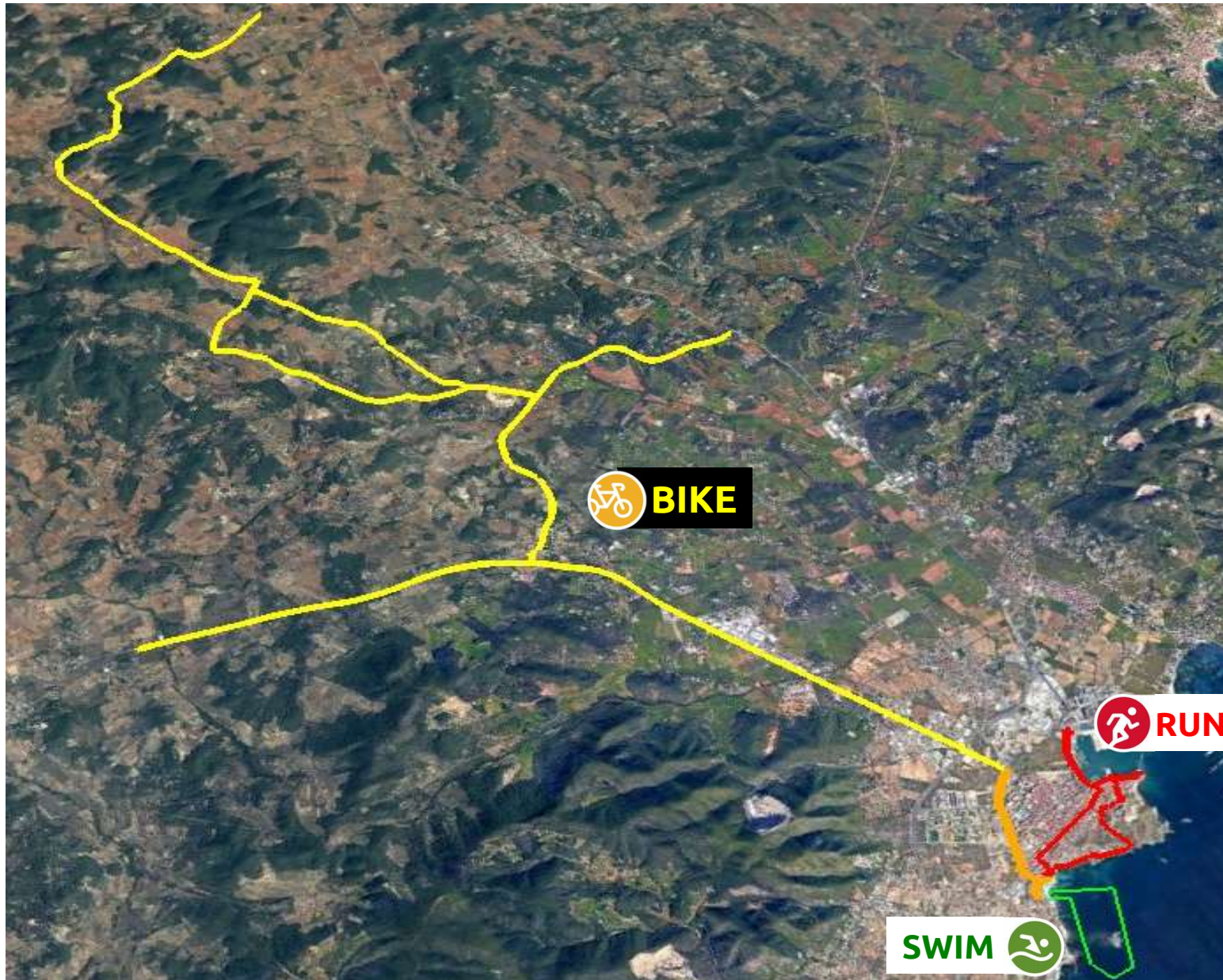
Long Distance Triathlon World Championships / Ibiza / 7th May 2023
Paratriathlon PTWC

LD TRIATHLON

General View: 3k swim / 116,2k bike / 29,9k run



Multisport
World Championships
IBIZA
2023



1 lap x 3k

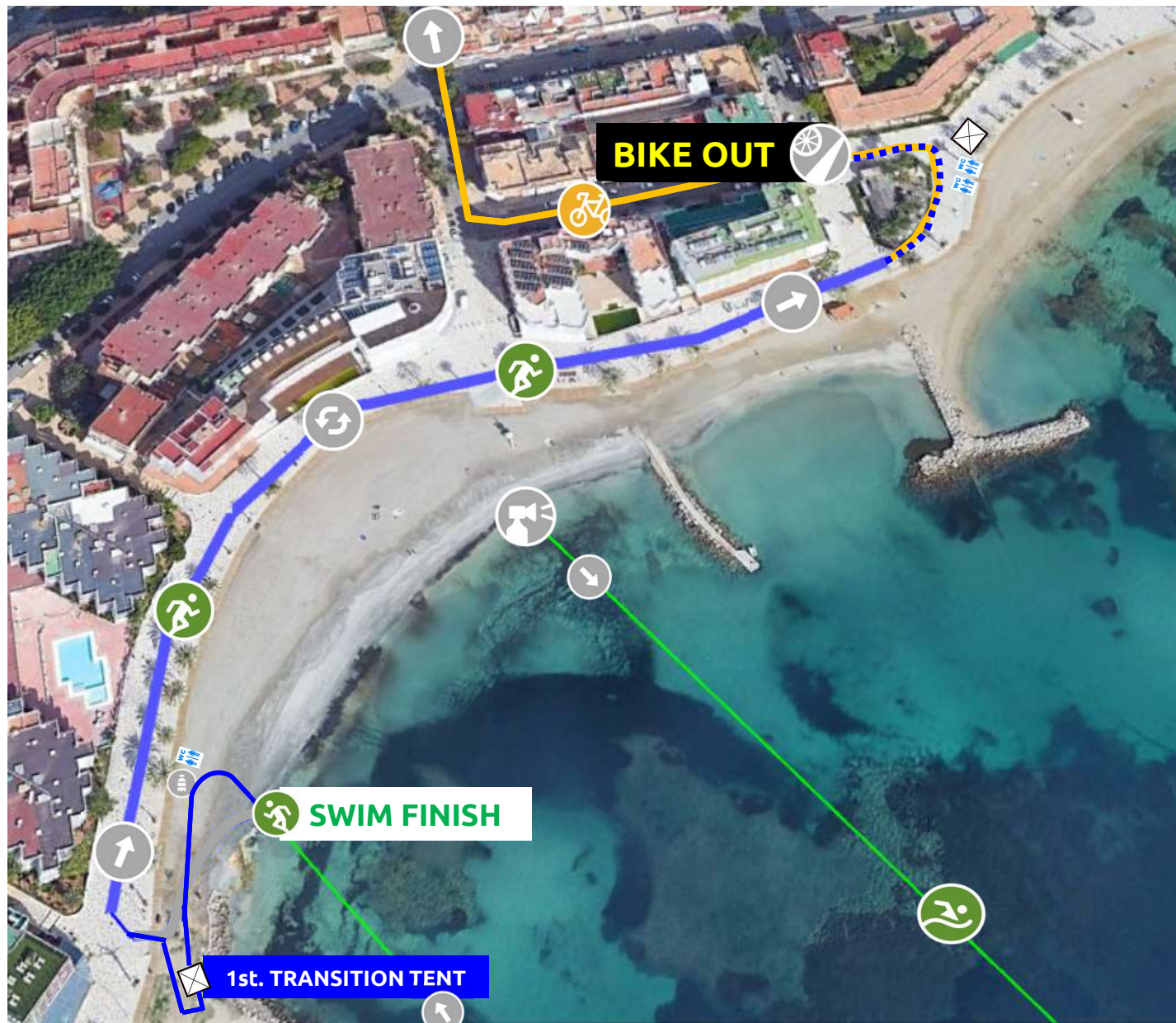


TRANSITION

Swim to Bike



Multisport
World Championships
IBIZA
2023



TRANSITION

Bike Out 1,7K



Multisport
World Championships
IBIZA
2023

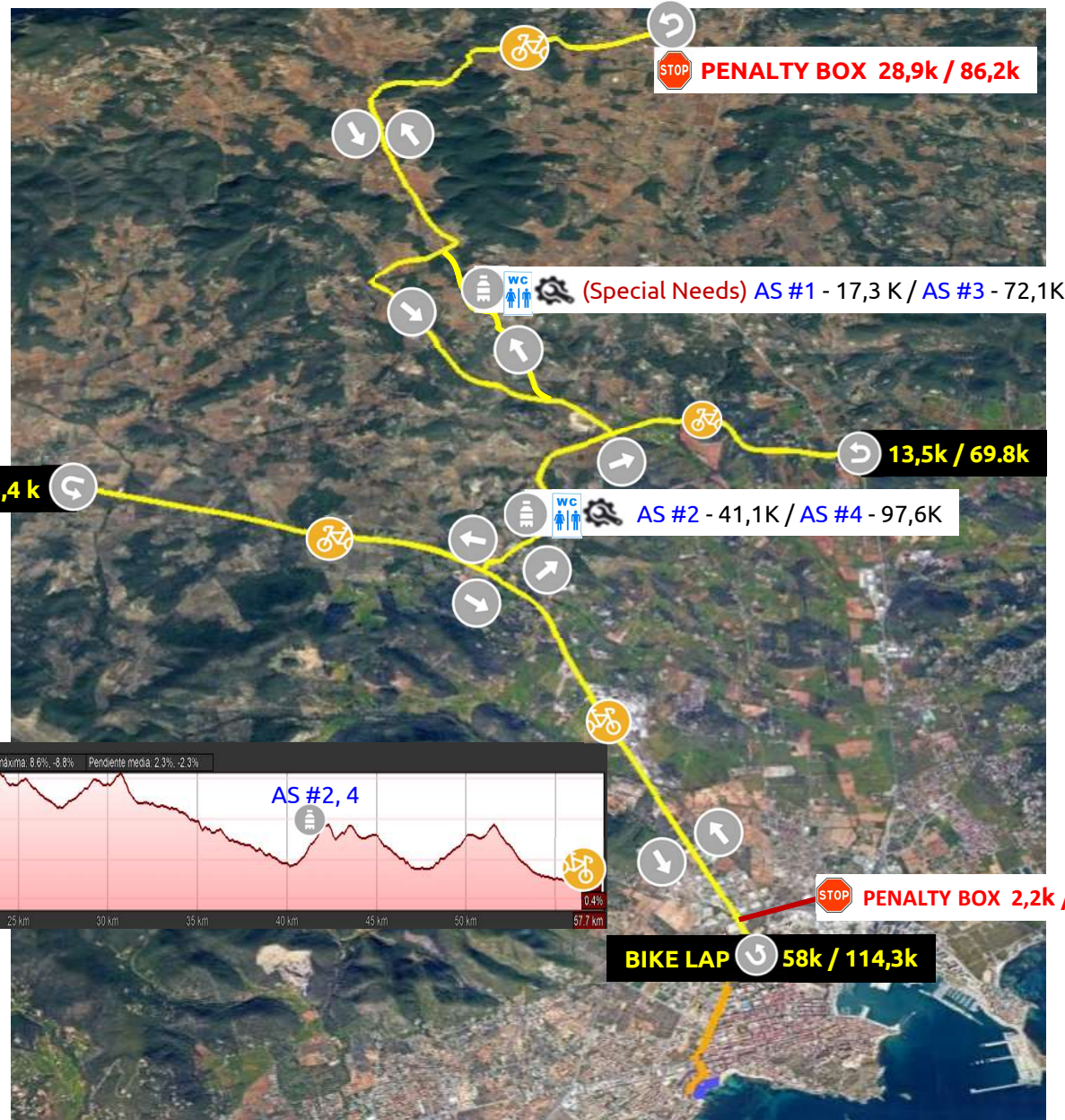


BIKE

2 laps x 56,3k (+745 mts / -745 mts per lap)



Multisport
World Championships
IBIZA
2023



BIKE

Bike Out (1,7k) / Bike In (1,9k)



TRANSITION

Bike to Run



Multisport
World Championships
IBIZA
2023



RUN

29,7k (1 Lap 4,5k + 7 Laps x 3,6k)



Multisport
World Championships
IBIZA
2023



RUN

Run #1: 1Lap x 4,5k (+43 mts / -45 mts)



Multisport
World Championships
IBIZA
2023



RUN


Run #2: 7Laps x 3,6k (+43 mts / -45 mts)



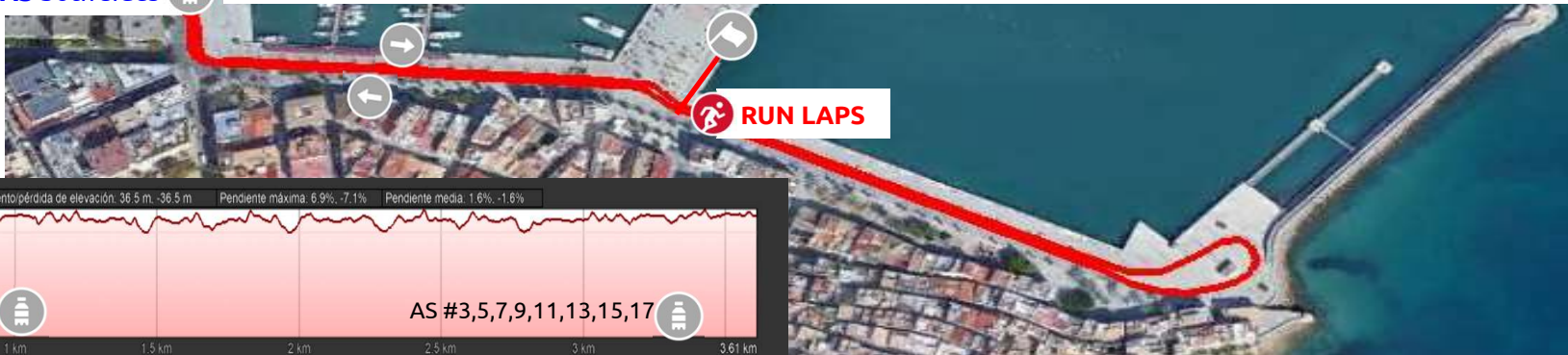
Multisport
World Championships
IBIZA
2023



COMPLETE SUPPLY, SPECIAL NEEDS, WHEEL STOP & PENALTY BOX

 **FIRST TIME:** AS# 2 1,6 K / AS #4 5,4K / AS #6 9,1 K / AS #8 12,8 / AS #10 16,5 K / AS #12 20,2K / AS #14 23,9 K / AS #16 27,2 K

AS both sides  **SECOND TIME:** AS #3 4,1 K / AS #5 7,8K / AS #7 11,5 K / AS #9 15,2 K / AS #11 18,9 K / AS #13 – 22,5 K / AS #15 – 26,2 K / AS #17 – 29,4 K



RUN

Run #2: Finish line

