

1/ ¿WHEN WILL THE 2023 WORLD TRIATHLON MULTISPORTS CHAMPIONSHIPS IBIZA WILL TAKE PLACE?

The **2023 World Triathlon Multisport Championships Ibiza** will be held from the 27th. April to the 7th. of May 2023 with this [schedule](#).

Final competition START days/hours. Note however that the schedule may be subject to some minor adjustments and changes which will be communicated.

2/ DISTANCES

2.1/ DUATHLON

Sprint Duathlon World Championships (**Elite/U23**).

- Run 5K - Bike 20K (**Drafting race**) - Run 2,5K

Sprint Duathlon World Championships (**Junior, Paratriathlon**).

- Run 5K - Bike 19,8K (**Drafting race**) - Run 2,5K

Sprint Duathlon World Championships (**Age Groups**).

- Run 4,8K - Bike 18,4K (**Drafting race**) - Run 2,8K

Standard Duathlon World Championships (**Age Groups**).

- Run 9,7K - Bike 39,6K (**Non drafting race / TT bikes allowed**) - Run 5,2K

Mixed Relay Duathlon World Championships (**Elite and Junior**).

- Run 2K - Bike 5K - Run 1K (x4)

2.2/ AQUATHLON

Aquathlon World Championships (**Elite/U23, Junior, Paratriathlon, Age Groups**).

- Swim 1K - Run 5K

2.3/ CROSS DUATHLON

Cross Duathlon World Championships (**Elite/U23, Age Groups**).

- Run 5,8K - Bike 20,9 K - Run 3K

Cross Duathlon World Championships (**Junior, Paratriathlon**).

- Run 3K - Bike 10,9K - Run 1,5K

2.4/ CROSS TRIATHLON

Cross Triathlon World Championships (**Elite/U23 and Age Groups**).

- Swim 1K - Bike 20,9K - Run 6K

Cross Triathlon World Championships (**Paratriathlon, Junior**).

- Swim 0,5K - Bike 10,9K - Run 3K

2.5/ LONG DISTANCE AQUABIKE

Aquabike World Championships (**Age Groups**).

- Swim 3K - Bike 116K (**Non drafting race / TT bikes allowed**)

2.6/ LONG DISTANCE TRIATHLON

LD Triathlon World Championships (**Elite, Age Groups**).

- Swim 3K - Bike 116K (**Non drafting race / TT bikes allowed**) - Run 30K

LD Triathlon World Championships (**Paratriathlon**).

- Swim 3K - Bike 116K (**Non drafting race / TT bikes allowed**) - Run 29,8K

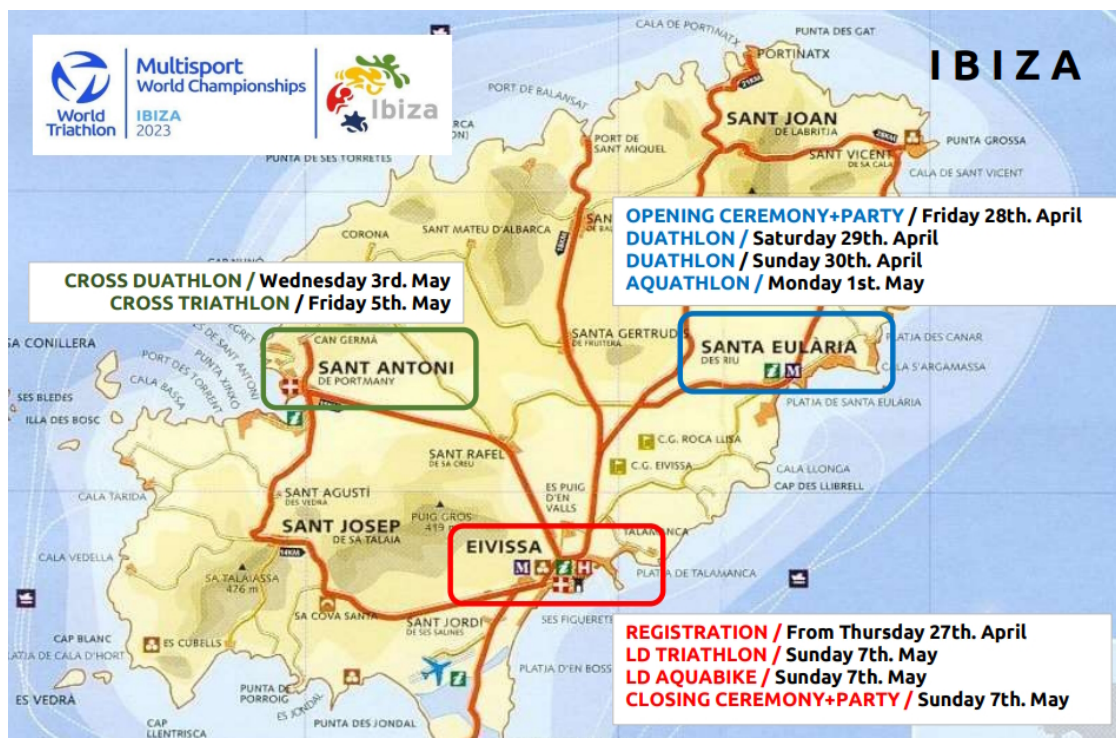
3/ ABOUT IBIZA

3.1/ VENUE AND MAIN AREAS

The 2023 World Triathlon Multisport Championships Ibiza, will be structured in 3 venues:

1. The City – Ibiza
2. The Southern Coast – Santa Eulalia
3. The Northern Coast – San Antonio

The main venue area with Fan Zone, Expo, Race Packs Distribution & Registration and other services will be located in Ibiza's Port area, next to the LD Triathlon finish line.



3.2/ LOCAL WEATHER

In April/May daytime temperatures usually reach 22°C, falling to 13°C at night. Check the local weather at https://www.accuweather.com/en/es/eivissa/4-305478_1_al/weather-forecast/4-305478_1_al

3.3/ WHERE TO GO AND VISIT

Ibiza has many interesting places to visit. Ibiza city and the island offers the visitor an endless number of sports, cultural and leisure activities. Check the following links:

- Official Tourism site of Ibiza: <https://ibiza.travel/en>
- Official Tourism site of the city of Ibiza: <https://tourism.eivissa.es/>
- Official Tourism site of Santa Eulalia: <https://visitsantaeulalia.com/>
- Official Tourism site of San Antonio: <https://visit.santantoni.net/>

On the event web you will soon find detailed the sports, cultural, gastronomic activities, etc. specially prepared at each venue for the World Championships.

3.4/ EXPERIENCE IBIZA WITH BEDREAM

Ibiza is a fascinating city by day and by night, it is colourful, stylish and magical. The island has a lot to offer, history, culture, nature, leisure, enjoyment, relaxation...

We help you to experience the Championship week of your dreams, with activities organised for all tastes: Culture-Sea-Outdoors-Gastronomy-Wellness.

For more details, contact us and find out how to enjoy the best of Ibiza.
hola@bedreamibiza.com / +34 636270610 / www.bedreamibiza.com/en/

4/ TRAVEL, TRANSPORT & ACCOMMODATION

The Ibiza 2023 Official Travel Agency: **BCD Meetings and Events**

For all issues related to travel, transfers, car rental and accommodation contact: Carlos Cuadrado / carlos.cuadrado@bcdme.es

4.1/ HOW TO ARRIVE TO IBIZA

By PLANE

Ibiza has its airport located in the southern part of the island, in the municipality of Sant Josep de Sa Talaia, in which the different airlines operate with direct flights from the rest of the Balearic Islands, the Peninsula and the rest of Europe. Ibiza Airport (IBZ): <https://www.aena.es/es/ibiza.html>

By BOAT

Ibiza also has three important ports: Ibiza, Santa Eulària des Riu and Sant Antoni de Portmany. The ships of the regular lines that connect the island with different points of the Peninsula (Barcelona, Valencia and Denia) and the Balearic

archipelago (Palma de Mallorca and Formentera) dock in the ports of Ibiza and Sant Antoni. In addition to the regular passenger transport lines, you can get to Ibiza by private boat, charter boat or on one of the numerous cruises that schedule the island.

Balearia

Address: Estación Marítima Ibiza

Phones: 966 428 600 / 971 314 005

Email: info@balearia.com

Web: <http://www.balearia.com>

Transmediterránea

Address: Estación Marítima. Andenes del puerto

Phones: 902 454 645 / 971 31 75 12

Web: <https://www.trasmediterranea.es/>

4.2/ HOW TO ARRIVE TO SANTA EULALIA (FROM IBIZA)

By CAR

Roads EI-300 and PM-810 / Distance: 14,4K / 17 minutes.

By BUS - <https://ibizabus.com>

Download the apps: [Ibiza Bus App Store](#) / [Ibiza Bus Google Play Store](#)

[L13: Santa Eulalia – Ibiza](#)

Departure: Santa Eulalia Bus Station

Arrival: Cetus Station Ibiza

By TAXI

<https://ibiza.travel/directorio/radio-taxi-santa-eulalia/>

4.3/ HOW TO ARRIVE TO SAN ANTONIO (FROM IBIZA)

By CAR

Road C731 Eivissa-Sant Antoni / Distance: 17,7K / 24 minutes

By BUS - www.ibizabus.com

Download the apps: [Ibiza Bus App Store](#) / [Ibiza Bus Google Play Store](#)

[L3: San Antonio – San Rafael – Ibiza](#)

Departure: San Antonio Bus Station

Arrival: Cetus Station Ibiza

[L8: San Antonio – Sant Josep – Ibiza](#)

Departure: San Antonio Bus Station

Arrival: Cetus Station Ibiza

By TAXI

<https://ibiza.travel/directorio/radio-taxi-sant-antoni/>

4.4/ CAR RENTAL IN IBIZA WITH CLASS RENT A CAR

The Ibizan company [Class Rent a Car](#) becomes the Official Supplier of the Multisport Triathlon World Championship.

All athletes and accompanying persons, during the World Championships, will have a 10% discount on the [car rental](#) using the discount code **IBIZAMULTISPORT23**

4.5/ BLABLACAR

[BlaBlaCar](#) is the world leading carpooling platform that allows more than 100 million members to share trips in 22 different markets. BlaBlaCar optimizes technology to fill empty seats on the road, connecting members that look to carpool or travel by bus, making it more affordable, sociable and comfortable.

For Passengers to book your trip or for Drivers to offer your trip check out <https://www.ibizamultisport.org/en/blablacar/>

4.5/ LOCAL ACCOMMODATIONS INFORMATION

Ibiza: <https://ibiza.travel/en/organize-your-trip/where-to-sleep/>

Santa Eulalia: <https://visitsanta-eulalia.com/en/about-santa-eulalia/where-to-sleep/>

San Antonio: <https://visit.santantoni.net/en/plan-your-trip/where-to-sleep/>

4.6/ TRANSPORT TO VENUES

Book your transfers here: <https://multisportsibiza.bcdme.es/>

For all issues related to transfers contact: Carlos Cuadrado / carlos.cuadrado@bcdme.es

4.7/ PARKINGS IN IBIZA, SANTA EULALIA AND SAN ANTONIO

For parkings information in Ibiza, Santa Eulalia and San Antonio, please visit <https://www.ibizamultisport.org/en/servicios/parkings/>

4.8/ COVID

The use of face masks is no longer compulsory on public transport. The mandatory use of face masks is maintained in hospitals, health centres and in pharmacies.

5/ AGE GROUP ATHLETES REGISTRATION PROCESS

All registrations for the 2023 World Triathlon Multisport Championships Ibiza must be made through the National Federation (NF) of the participating countries by a designated Age-Group Team Manager.

For more information on the qualification procedure in your country please contact your National Federation. In case you are not able to get in touch with your National Federation, you should contact agegroup@triathlon.org

No individual registrations nor payment are allowed through the Local Organising Committee. NFs are to collect the entry fees from athletes. **National Federations will have to submit the delegation by Friday 17 March 2023.**

6/ ENTRY FEES

Event	Elite	U23	Juniors	2x2 MR	+Para	AGE GROUP
Duathlon	€160	€160	€130	€210 per team (Elite, Juniors)	€130	Sprint: €190 Standard: €210
Cross Duathlon	€110	€110	€100		€110	€140
Cross Triathlon	€120	€120	€110		€120	€160
Aquathlon	€80	€80	€80		€80	€100
LD Triathlon	€270				€270	€360
LD Aquabike						€300

All rates mentioned include taxes and VAT.

Please note that your NF entry fee may be higher than the one above to cover the national support team provided on site by your NF (team managers, bike mechanics, doctors, social functions, etc.). For more details, please contact your [National Federation](#).

7/ CAN I RACE IN MORE THAN ONE EVENTS?

Yes, as long as you comply with World Triathlon specifications.

There will be a discount if you decide to register for more than one event, as follows:

2 events	10%
3 events	15%
4 events	20%
5 events	25%

8/ WITHDRAWALS AND CHANGES

Unfortunately no withdrawals. If you have registered and you finally cannot race, will not get your money back.

For other changes or modifications in your registration, you should contact your National Federation.

9/ COURSES

[Duathlon](#), [Aquathlon](#), [Cross Duathlon](#), [Cross Triathlon](#), [LD Aquabike](#) and [LD Triathlon](#) map courses and bike tracks already online along with the run courses tracks of the Cross Duathlon and Cross Triathlon.

Videos of the [Duathlon](#), [LD Aquabike](#) and [LD Triathlon](#) bike courses already online.

10/ ATHLETES SERVICES

The main service area will be in Ibiza port area with:

Race pack distribution.	Medal engraving (for LD Aquabike and LD Triathlon).
Expo & Fan Zone.	Closing ceremony.
Information point.	Medal ceremonies (for LD Aquabike and LD Triathlon).
STREET Wear bag pick-up (for LD Triathlon).	Lost and found.
Recovery area (for LD Aquabike and LD Triathlon).	
Austral merchandising store.	

The following services will be available at the different events and venues (Santa Eulalia and San Antonio):

Information point.	Mechanical service.
Bag Drop-off.	Medal engraving.
Recovery area.	Medal ceremonies.
Austral merchandising store.	
Lost and found.	

We will update and complete this information in the following weeks.

11/ WHAT I WILL RECEIVE AT THE REGISTRATION?

Note that race pack pick up has to be done by the athlete racing. It will be not delivered to Team Managers, friends and/or family. It will be delivered only to the athlete after data verification, please bring with you your passport or ID.

At the registration you will receive your race pack with:

- One (1) **Welcome Gift**.
- **Envelope** (one for each event registered) containing:
 1. Accreditation wristband.
 2. Bib number (x1).
 3. Stickers for helmet (x3), bike (x1) and STREET WEAR bag (x1).
 4. Body decal (x2), with the race number (vertical) for both arms.
 5. Body decal (x2), with the race number (vertical) for both legs (Elite/U23, Junior and Para. **No leg body decals for Age Groups**).
 6. Body decal (x1), with the Age Group category (vertical) for the calf.
 7. Swim cap + decal with the race number (horizontal) for Triathlon Cross, Aquathlon, Aquabike and LD Triathlon.

8. Bike plate and ties for Cross Duathlon and Cross Triathlon.
9. Set of bags for LD Aquabike: BIKE (blue), STREET WEAR (green), PERSONAL NEEDS (white for the bike).
10. Set of bags for LD Triathlon: BIKE (blue), RUN (red), STREET WEAR (green), PERSONAL NEEDS (white for the bike and orange for run).

Timing chips will be delivered during Bike Check-in in Transition Area.

12/ AGE GROUPS ATHLETES RACE PACK DISTRIBUTION

Day	Opening Hours	Location	Competition
Thursday 27 th . April	17:00 – 20:00	Ibiza	Duathlon / Aquathlon
Friday 28 th . April	11:00 – 17:00	Ibiza	Duathlon / Aquathlon
Saturday 29 th . April	11:00 – 17:00	Ibiza	Duathlon / Aquathlon
Sunday 30 th . April	11:00 – 20:00	Ibiza	Aquathlon
Monday 1 st . May	11:00 – 20:00	Ibiza	Cross Duathlon / Cross Triathlon
Tuesday 2 nd . May	11:00 – 20:00	Ibiza	Cross Duathlon / Cross Triathlon
Wednesday 3 rd . May	11:00 – 20:00	Ibiza	Cross Triathlon
Thursday 4 th . May	11:00 – 20:00	Ibiza	Cross Triathlon
Friday 5 th . May	11:00 – 20:00	Ibiza	LD Triathlon / LD Aquabike
Saturday 6 th . May	11:00 – 16:00	Ibiza	LD Triathlon / LD Aquabike

Note that package pick up has to be done by the athlete racing. It will be not delivered to Team Managers, friends and/or family. It will be delivered only to the athlete after data verification, please bring with you your passport or ID.

13/ TIMING-CHIPS DELIVERY & CHECK-IN

The process for each Championship will be the following:

13.1/ SPRINT DUATHLON AGE GROUPS (Friday the 28th., day before to race day)

Enter TA, check-in (bike, accreditation) by TOs, rack your bike in assigned numbered spot and get the timing chip when exiting the TA.

13.2/ STANDARD DUATHLON AGE GROUPS (Saturday the 29th., day before to race day)

Enter TA, check-in (bike, accreditation) by TOs, rack your bike in assigned numbered spot and get the timing chip when exiting the TA.

13.3/ AQUATHLON AGE GROUPS (Monday the 1st., race day)

Enter TA, check-in (uniform, swim cap, tattoos, bib number, accreditation) by TOs, get the timing chip and go to your numbered assigned spot.

13.4/ CROSS DUATHLON AGE GROUPS (Wednesday the 3rd., race day)

Enter TA, check-in (bike, uniform, helmet, bike plate, stickers, tattoos, bib number, accreditation) by TOs, get the timing chip and rack your bike in numbered assigned spot.

13.5/ TRIATHLON CROSS AGE GROUPS (Friday the 5th, race day)

Enter TA, check-in (bike, uniform, helmet, bike plate, swim cap, stickers, tattoos, bib number, accreditation) by TOs, get the timing chip and rack your bike in numbered assigned spot.

13.6/ LD TRIATHLON AGE GROUPS (Saturday the 6th, day before to race day)

Enter TA, check-in (bike, helmet, "bike" and "run" gear bags, accreditation) by TOs, rack your bike in numbered assigned spot and get the timing chip when exiting the TA.

13.7/ LD AQUABIKE AGE GROUPS (Saturday the 6th, day before to race day)

Enter TA, check-in (bike, helmet, "bike" gear bag, accreditation) by TOs, rack your bike in numbered assigned spot and get the timing chip when exiting the TA.

For SPRINT DUATHLON and STANDARD DUATHLON, uniform, helmet, stickers, tattoos and bib number will be checked on race day.

For LD TRIATHLON and LD AQUABIKE, uniform, stickers, tattoos and bib number will be checked on race day.

13.8/ ELITE, U23, JUNIOR & PARA, ALL COMPETITIONS

Delivery of the timing chip in the Athletes Lounge the same day of each competition.

For check-in hours details of each championship, please visit
<https://www.ibizamultisport.org/en/servicios/horarios/>

14/ IF I AM FINISHER, WILL I RECEIVE ANY ADDITIONAL GIFT?

All the Finishers will receive a "finisher" medal and gift.

15/ MULTISPORT LEGENDS

Multisport Legend is the proud title earned by any athlete that races and completes five or more World Championships races at the Multisport World Championships (among Duathlon Sprint, Duathlon Standard, Cross Duathlon, Cross Triathlon, Aquathlon, LD Triathlon or Aquabike). This title was awarded before to any athlete completing four events, but from 2023 it will be awarded only to athletes completing five or more races.

Complete at least five World Championships races from Sprint Duathlon, Standard Duathlon, Cross Duathlon, Cross Triathlon, Aquathlon, LD Triathlon or Aquabike.

Multisport Legends will receive a special recognition at the closing ceremony at the end of the Multisport World Championships.

Additional info: https://www.triathlon.org/agegroup/athletes/multisport_legends

16/ ATHLETES BRIEFINGS

More information soon.

17/ BKOOOL VIRTUAL BIKE COURSES

Sprint Duathlon: <https://my.bkool.com/profile/detail/15728704>

Standard Duathlon: <https://my.bkool.com/profile/detail/16124536>

LD Triathlon: <https://my.bkool.com/profile/detail/15728697>

LD Aquabike: <https://my.bkool.com/profile/detail/15728697>

18/ LOST AND FOUND OFFICES

There will be Lost & Found office in each of the venues and in the Ibiza Expo-Registration area.

19/ EXPO AREA

Located in the Ibiza's [Port area](#) (next to the LD triathlon finish line) along with the Fan Zone, Registration and Race Pack Distribution, Lost & Found Office, etc.

20/ THERE WILL BE LIVE TIMING OF THE EVENT?

Yes, more information soon.

21/ WATER ANALYSIS

Done in Ibiza, Santa Eulalia and San Antonio. Find the results [here](#).

22/ PROFESSIONAL EVENT PHOTOS

FinisherPix is the official photographer of the 2023 World Triathlon Multisport Championships Ibiza and will be there to commemorate your race. **Order your photos now and save up to 55%!**

Sprint Duathlon: www.finisherpix.com/en/event/7031

Standard Duathlon: www.finisherpix.com/en/event/7033

Aquathlon: www.finisherpix.com/en/event/7035

Cross Duathlon: www.finisherpix.com/en/event/7037

Cross Triathlon: www.finisherpix.com/en/event/7039

Long Distance Triathlon & Aquabike: www.finisherpix.com/en/event/7041

Athlete questions: please contact FinisherPix at support@finisherpix.com

23/ BIKE RENTAL SERVICE

To rent your bike for Ibiza, please contact our partners **ListNRide** and **FBR/Premium Bike Rentals**.

23.1/ LISTNRIDE

<https://www.listnride.com/events/ibiza-multisport-world-championships>

23.2/ FRANCE BIKE RENTALS

<https://www.francebikerentals.com/2023-ibiza-world-championships/>

24/ WETSUIT RENTAL SERVICE

Go to <https://www.ibizamultisport.org/en/servicios/alquiler-de-neoprenos/> for information about this service.

25/ THERE WILL BE TECHNICAL BIKE SERVICE?

Yes, more information soon.

Additionally, near each Transition Area we will have a [Scandic ONBIZI bike repair station](#) free to use for the athletes.

Note that this technical service is only for emergency cases. All athletes must bring their bikes in perfect racing conditions.

26/ BIKE SHOPS

In <https://www.ibizamultisport.org/en/servicios/tiendas-de-bicis/> you can find the bike shops in Ibiza, San Antonio, San Rafael and Santa Eulalia.

27/ TRAINING FACILITIES

You can find on this link the list of swimming pools, gyms and open water channels in Ibiza, Santa Eulalia, Santa Gertrudis and San Antonio:

<https://www.ibizamultisport.org/en/servicios/instalaciones-entrenamientos/>

OFFICIAL CHAMPIONSHIPS SWIMMING POOL: Des Raspallar swimming pool (Ibiza)

Calle Des Raspallar s/n, 07800 Ibiza / 971 310254

Location: <https://goo.gl/maps/Ho5jcmGVVJYRTpVA6>

Facilities: 8 lanes, 25 meters outdoor swimming pool.

Schedule: from Monday the 24th. April till Saturday the 6th. May - from 10:00 to 18:00 h.

Free access for registered athletes, coaches and team managers.

The expected water temperature is around 20°C, wetsuit recommended.

28/ 226ERS OFFICIAL SPORT NUTRITION

[226ERS](#) is the 2023 World Triathlon Multisport Championships official sport nutrition.

Find here detail of the 226ERS products you will find in :

<https://www.ibizamultisport.org/en/226ers-nutricion-deportiva-oficial/>

29/ WHEN THE COURSES WILL BE MARKED?

We are planning to have the courses marked two days prior each competition. We will announce the exact date for each venue.

30/ RACE UNIFORM. CAN I WEAR MY OWN TRISUIT?

For **Age Groups athletes in World Championships** it is compulsory to wear the trisuit of your National Federation, the country you are representing. Contact your NF if necessary, there will be no exceptions.

Check here the approved NF's uniforms by World Triathlon:

https://triathlon.org/about/downloads/category/uniforms_catalogues

31/ PTO EUROPEAN OPEN

Ibiza will host the first staging of the [PTO European Open](#) on 6 May as part of its 2023 PTO Tour calendar. The PTO European Open will feature a women's and men's 100km race (2km swim; 80km bike; 18km run) that will take place in Ibiza Town, set against the island's idyllic Balearic backdrop and co-hosted alongside the 2023 World Triathlon Multisport Championships. The two PTO races will be broadcast live around the world to 170+ territories, courtesy of the PTO Tour's partnerships with Warner Bros. Discovery and a series of other regional and national broadcasters.